

Full Century route

1. chaires community center

This rest stop is the first for the 100mile routes it is mile ~18.

It will be at the community center on the Left hand side of the road, which means you will have to watch traffic crossing over the road to stop. It will be a lightly stocked rest stop but it will have bathrooms, AC and Shade.

2. Sardis Methodist Church

This is the second stop for the 100 mile route at mile ~35 at the Methodist church on the left side of the road. So make sure the traffic isn't coming the other way for those stopping. There should be bathrooms, but if for some reason there isn't the next rest stop will have them

3. Wacissa Pentecostal church at Tram and 59 (left hand side of tram)

This rest stop is the first third one for the full century riders. The church is at the corner of Tram road and hwy59 but the gazebo is set back about 200yards down tram road so you will have to take a right on tram to get to the water stop.

There will be a gazebo, and Bathrooms here. We will have food for everyone since it will be the halfway point for the 100milers. It will be mile 18 for the metric century and mile 47 for the 100mile route. Everyone is taking a right on 59 after they leave your rest stop and taking it all the way to hwy 98.

4. near hwy59 and hwy98 intersection

This will be the last stop before riders take a right on HWY 98.

It will be a bit of a deserted rest stop but we will have SAG so just hold tight if you need to be picked up. Also make sure you have a cell phone in case anyone gets stranded. The next rest stop is at a Gas station so there are bathrooms and food etc if you need it. This will be a lightly stocked rest area

5. Kangaroo Gas station at bloxham cutoff and woodville hwy.

There are bathrooms and a convenience store here so take a break if you need to rest. The next rest stop has bathrooms also, but no AC.

This is mile 73 for the 100 mile

6. Natural Bridge state park

This is the last bigger rest stop for the 100mile and metric century.

There is bathrooms shade and the last stop with food. There will be one more stop before the end of the race but it is a minimal stop.

Mile 88for the 100 mile route.

7. corner of southwood entrance and tram road

This is the last rest stop at ~4mile from the Start/Finish. This is a low stocked stop.

It will be on your right hand side at the entrance to Southwood.

It is important to follow the rules of the road when going back through capital circle NE.

This is a no food stop, water and cytomax only